



**Youth group meets 3rd Sunday of every month.
Next Meeting: 18 January 2009**

Youth Group Upcoming Events

01/18/2009 Nursing home visit 2-3 PM
03/21/2009 Professional Enhancement workshop 11 AM- 3 PM (more details on page 2)
03/2009 Showcase India @Enrichment center, Harleysville

Special note

BCC Youth Group extends it's gratitude and respects to our beloved Vinod Sardana (Vinodji), who has been instrumental in starting and leading the BCC youth group, for her time, efforts, leadership and motivation.

We congratulate and welcome our new Chairperson Poonam Gidwani. Welcome, Monica Marwah and Seema Vaidyanathan for joining the group as mentors.

Events this Quarter

Workshop: "Peer Pressure and Helicopter Parents"

BCC Youth Group and HHS Committee together successfully conducted a workshop on **19th October**, from 1-4 PM on "*Peer Pressure and Helicopter Parents – how to handle without stress*". Psychiatrist **Dr. Ujwala Dixit** and School Psychologist **Ms. Monica Marwah** led the discussions, first with parents and children separately to allow for easy interaction. Later the parents and children had the opportunity to sit across from each other and discuss their concerns. Dr. Dixit and Monica were also available after the workshop, to answer questions from parents and children. In all it was a hugely successful event,

with participation in large numbers. The group expressed interest in similar sessions in the future, to be on a regular basis during the year. The BCC youth group and HSS committee are working on the possibility of repeating this kind of workshop in the future. For further details you may contact: Poonam Gidwani: 215-643-8758 or Dr. Akkaraju Sarma, 215-914-0236

College Admission Workshop



The BCC Youth Group College Application Workshop meets on the second Sunday of every month from 1:00 – 3:30 PM. Please see <http://bcccollege.wikispaces.com/CALENDAR+2008-09> for detailed schedule. This year, ***Students are required to register and the workshop fee is \$80 for BCC/BTI members and \$120 for non-members*** to be paid prior to the start of the year. Registration sessions were held in August and September. Currently we have 16 students registered in the program. There will be another mid-term registration session open to a ***limited number of new students*** in January. All Interested students/parents are requested to send an email to Ravi Bala at CollegeAppWkshp@aol.com to reserve a spot in the program.

Nursing Home Visits



The youth group regularly visits Alterra Clare Bridge Of Montgomery Inc. Nursing home on the 3rd Sunday of every month, for which 10 youth volunteers are needed. The nursing home visit is usually for an hour from 2 to 3 PM. This quarter the youth visited the nursing home on Oct 18th, Nov 15th and Dec 14th. The youth put on a very entertaining holiday music performance for the December visit, with youth artists playing various instruments, such as the violin, clarinet and keyboard. The nursing home residents enjoyed and even cheered on with claps and singing along. Youth interested in participating, please contact Poonam Gidwani: 215-643-8758 or Manohar Katakam: 267-263-4885

Peace around the world Event- @ Penn museum, Philadelphia

On Sunday Dec 7th, Several youth and mentors from BCC Youth group assembled at the Penn Museum in Philadelphia and created a display of posters and slideshows on the theme of "**Peace and Harmony around the world – India's contribution**".



BCC Youth Group Newsletter

October, November, December. 2008



Here's what some of the youth had to say about their experience that afternoon:

Rahul Samudralwar: *"I learned a lot about Indian culture through the UPENN Peace Around the world festival. My group had presented India's social and economic contributions to world peace. I felt that presenting to others about my own country was a very good learning experience."*



Timothy Ramdeen: *"My experience at Penn Museum was truly a worthwhile one. Because of the fact that I had the opportunity to explore the varying aspects of different cultures, I was able to interact with many different people, expanding my perspectives and broadening my horizons regarding the world".*

Holiday Charity- Reaching at Problems – A residential home in Chalfont for abused/ abandoned teenage girls
Youth and Mentors collected essential items such as towels,



washcloths, toothpaste, toothbrush, lotions etc for this local charity. On Sunday Dec 14th youth assembled and prepared individual packages of these items to provide to the girls at the home in Chalfont. For details or for making donations please contact: Reaching At Problems, Inc. (R.A.P.) P.O. Box 211 Chalfont, Pa. 18914 Phone: 215-822-3083 Fax: 215-822-5835 <http://reachingatproblems.com/>

Participation Credits Peace around the world Event- @ Penn museum

- ❖ Timothy R Ramdeen
- ❖ Rahul Samudralwar
- ❖ Vimesh Thambi
- ❖ Anila Gidwani
- ❖ Yash Ambegaonkar
- ❖ Anish Patel
- ❖ Darshan Shah
- ❖ Bhavit Vora
- ❖ Kaushil Katakam

Holiday Charity- Reaching at Problems

- ❖ Vimesh Thambi
- ❖ Anila Gidwani
- ❖ Anila Gidwani
- ❖ Simran Gidwani
- ❖ Rahul Samudralwar
- ❖ Bhavit Vora
- ❖ Yash Ambegaonkar
- ❖ Pankti Gala
- ❖ Monisha Ravi
- ❖ Vimesh Tambi

- ❖ Anish Patel
- ❖ Darshan Shah
- ❖ Kushal Jituri

Upcoming events

Nursing Home Visits

The next visit to Alterra Clare Bridge Of Montgomery Inc. Nursing home is on Jan 18th 2009.

Professional Enhancement workshop

March 21st 2009 11 AM- 3 PM
Renowned reporter from NBC10 **Aditi Roy** and **Sarina Jain** the award winning fitness guru and creator of "Masala Bhangra workout" will conduct workshops for all interested youth and adults at the Bhartiya Temple, BCC Hall 1612 County Line Road, Chalfont, PA 18914. Admission is FREE for this event. All are welcome.

Preceding this event on the evening of March 20th Sarina Jain will conduct Masala Bhangra classes for youth and adults. There will be a nominal fee of \$10.00 per person for the classes. An autograph session will follow the workout!

Venue: BCC Hall (address above)
Adult Class: 6:00 PM to 7:00 PM
Youth Class: 7:15 PM to 8:15 PM

Watch Sarina Jain on TBS - Movie and a Makeover on Jan 3rd at 10am

To attend the workout session on March 20th, please RSVP Monica Marwah, email Neema220@hotmail.com

Chairperson: Poonam Gidwani (215-643-8758) • Co-Chairperson: Seema Vaidyanathan (215-767-9833)

Mentors: Vipul Rathod (215-641-8091) • Monica Jindia (267-218-1233) • Samuel Ramdeen (215-740-8542) • Monica Marwah (610-789-2965) • Goutham Goudgere (610-513-5011) • Manohar Katakam (267-263-4885) • Rani Korapati (215.616.0346) • Uday Karnik (215.591.1579) • Ravi Bala (610.220.7434) • Vinod Sardana (610-584-5989)

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