

BHARATIYA CULTURAL CENTER

1612 County Line Road, Montgomeryville, PA

www.b-temple.org



BCC Women's Group

Presents

Guest Speaker: Dr. Meeta Kumar, Ph.D.

on

Women and Depression

Date: Friday, February 29, 2008

Time: 7:30 pm

Location: BCC Hall

*Stressed! Tired? Irritable!! Tearful!! Sleeping too
much/too little... **

* Depression is a common and highly treatable disorder that is often misdiagnosed in women! It is estimated that 17 million American adults are affected by it annually! If you feel curious about the above, perhaps concerned about yourself, a friend/relative, come learn more about what depression really is, how it affects South Asian Women's lives and various treatment options available.

Dr. Kumar is a licensed Psychologist and Associate Director at the Counseling and Psychological Services of University of Pennsylvania in Philadelphia. She has over ten years of experience providing assessment and treatment to college students and adults in this area.

Free Admission*.

*(open to all - **not** limited to members)

For more information, please contact:

Akanksha Kalra - 610-275-1110 or akanksha@kalra.us