



Youth Group

Seminar on

**S
T
U
D
Y

T
E
C
H
N
I
Q
U
E
S**

**By Dr. G. S. Kelkar,
Manashakti**

**Manashakti – Center for Peace of Mind
conducts a Seminar on**

**Study Techniques
(For Students and Parents)
(For improving concentration and memory including
Sanskars)**

By Dr. G. S. Kelkar

Manashakti is a leading mind-body research center in Maharashtra, engaged in serving society for the past forty years. Manashakti REST (Research Education Sanitarium Trust) New Way is a registered public charitable trust, offering guidance to all age groups in various walks of life. Manashakti has been working for the welfare of individuals, families, society, nation and humanity by focusing on eight aspects: knowledge, service, devotion, sanskaar, research, inspiration, energy and peace. Manashakti Center is unique in that it supports its philosophy by conducting experiments and research that focuses exclusively on the role of one's mind in one's overall well-being. Its belief is that with the appropriate understanding of the effects of mind-power, one can achieve the desired success as well as overcome failure. Based on some of its pioneering 'mind research', REST New Way offers -

- * Over 25 types of study courses and camps
- * Over 70 types of unique mind-body tests
- * Over 250 books in five languages

Based on scientific and philosophical concepts, it offers guidance on topics such as pre-natal education, stress management, meditation techniques, science of disease, yogshakti dhyana, study techniques, psycho-feedback therapy, memory development etc.

(For more details, please visit www.manashakti.org)

There is no fee for the seminar. Please note that Manashakti does not accept any donations to the trust. The Center's work is shouldered by hundreds of selfless volunteers or 'seekers', some of whom have resolved to spare certain percentage of their time / resources on an ongoing basis (~5000 seekers).

Friday, March 23rd, 2007.

7:00 – 7:30 PM Light Dinner / Snack

7:30 PM Seminar by Dr. G. S. Kelkar, Manashakti

Topic - Study Techniques (For Students and Parents)

(Please bring a notebook and pencil for taking notes)

Entry FREE

**Bharatiya Temple Auditorium 1612 County Line Road,
Montgomeryville, PA 18936. PH: 215-997-1181**

Contact Info

Gautami & Mandar Joglekar: 215-997-2055,
Mukund Kute: 215-661-9283, Nand Todi 215-699-0406,
Sanjeev Jindal 610-812-2026, Vinod Sardana 610-584-5989,
Poonam Gidwani 215-643-8758, Monica Jindia 267-218-1233,
Sanjeev Munshi 267-663-8898, Vipul Rathod 267-939-9715

www.b-temple.org