



## **BHAGAVAD GITA – IN DAILY LIFE**

**Vijay Kumar, Vienna, VA**

**FRIDAY OCTOBER 24, 2008**

**7:30 TO 8:30 PM at BHARATIYA TEMPLE AUDITORIUM HALL**

Gita is a doctrine of Universal Truth. Its message is universal, sublime, and non-sectarian although it is a part of the scriptural trinity of Sanatana Dharma. The Gita deals with the most sacred metaphysical science. It imparts the knowledge of the self and answers two universal questions: Who am I, and how can I lead a happy and peaceful life in this world of dualities?

### **THE SPEAKER-**

Mr. Vijay Kumar has been teaching Vedanta since 1987 in Northern Virginia. Mr. Kumar has lead many Vedanta discussion groups. He is a member of Chinmaya Mission Washington Regional Center (CMWRC) and is an excellent orator of Vedanta topics. Mr. Kumar is also a member of Washington Interfaith Association and also has given lectures in several Colleges, Temples and Churches. He has started about 15 Study groups in Washington Metropolitan area. Vijay Kumar is an eloquent speaker and has written several articles about Vedanta and spirituality. Mr. Kumar is a disciple of Swami Chinmayananda and follows the method of Chinmaya Mission Vedanta teachings. Mr. Kumar is an Engineer in IT field, and works for Department of Defense at Pentagon. He can be contacted at [vijaykumar@rocketmail.com](mailto:vijaykumar@rocketmail.com)

If you would like to contribute towards sponsoring the lecture, please contact: RENUKA ADIRAJU (215) 542-8596 / [radiraju@aol.com](mailto:radiraju@aol.com)